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December
2009

Communicator

Vol. 9 / Issue 2

Haliburton County's Good News Fun Magazine

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New Arrivals Daily



December 2009

Four C's Food Bank Gets Ready for Christmas

by Zoe Cittern

As Christmas approaches and everyone begins to plan their feast, it's easy to forget about those who are less fortunate. The Four C's food bank in Haliburton distributes groceries to those who need a helping hand every month they have been running since 1979 and moved to their new building in 2005. Over the past year, the clientele has increased by 40 percent and they currently provide assistance to close to 300 residents.

Food can be picked up from the 4C's on Tuesdays, Thursdays and Saturdays from 10am to noon, once every four weeks. Starting in January the good food box, which contains fresh fruit and vegetables, cannot be collected on the same day as collection of the non-perishable items. The good food boxes are organized by the Health Unit which packs up the items: the package also includes recipes, cooking tips and helpful information about fruits and vegetables. Rosie Kadwell a Registered Dietician with the HKPR District Health Unit said that "in general food prices are going up. More people are losing their jobs which makes it more difficult for local residents to access nutritious foods."

Those who need Christmas assistance should call in from now until December 4th to register: Christmas assistance will be given out on December 17th from 10am-3pm.

Some of the money raised from the Lily-Ann, the thrift store next door, is spent on the food that fills the shelves of the 4C's: currently 14 directors and over 40 volunteers donate their time to working there. The volunteers "wish to thank the cooperation of the community, without whom the 4Cs wouldn't exist as well as the people who shop at the Lily Ann, as three quarters of the money we receive comes from them," said one volunteer. They will not be receiving any clothing or items after

December 12th and it will be closed from then until January 4th for the holiday season.

To help the food bank you can bring in non-perishable items, buy pre-assembled food bank bags at grocery stores, donate your time to the cause or leave a cash donation. Cheques can also be mailed to Box 1003, Haliburton, K0M 1S0.



Amelia and Chrissy, employees from Foodland stand next to the donation container for the pre-assembled food bags



From L-R, some of the volunteers who generously give their time to the food bank and the Lily Ann: Murray Tripp, Ron Mark, Ave Petch, Paul Way, Rose Barry and Judy MacDuff.



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On the MOVE... in Haliburton

Halco Electronics Source by Circuit City to Move to Downtown Haliburton

"If I had a million dollars I would have stayed there but I definitely don't so we're moving," laughs Halco Electronics (The Source) Owner Don van Nood. When Don's landlord decided sell the building on Country Road 21, Don decided that a downtown location would be more convenient for consumers. He says the new store will be "a nice location; it'll bring in more traffic as the previous place is more a destination place." Don found out a year ago that the building would be for sale, which forced him to make a decision either to buy the place or move on. "Two weeks ago my wife saw that a Highland Street location was up for rent so we took the leap and decided to go for it." The new location on 160 Highland St. is smaller than the current place they rent yet they only use a 1,000 sq. feet of it so it makes sense for them to move so they make use of the entire store. Don hopes to move the business December 1st although the date isn't yet firm.



Masters Book Store Helped by McKecks' Blue Line

After the devastating fire that ripped through the Village Barn on October 8th and the insurmountable damage caused to the businesses inside you had to wonder if the businesses would ever fully cover and when that would be. Kathy Stouffers' book shop, Masters, was one of the companies that was wrecked by the fire, but a few days after the event McKecks Blue Line extended a helping hand -- an offer for a new place to house the company until the Village Barn was full restored. Kathy explains that "the Blue Line came to me; Karen Frybort made the call just a few days after the fire. It sure is nice of them to do this for me; the place is working out really well." Kathy says that she is "anticipating January for the Village Barn to reopen but a date hasn't been officially set yet." The new location for Masters is the previous location of the Old Country House at 172 Highland St.



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Burglars seek refuge in troopers' backyard and garage.

It simply wasn't a good day for two aspiring burglars in Alpine, California. First, the best time to attempt a residential break-in is not at 8:00 on a Saturday morning when most people are at home. The two men were spotted removing property from a home on Bay Meadows Drive.

When sheriff's deputies pulled up after being summoned by the homeowner, the intruders took off at a run. A short distance later they split up and one jumped over a fence into a back yard. It turned out to be the home of an off-duty California Highway Patrol officer - who took the fleeing suspect into custody. The other man ducked into the garage of another home and dove under a car. Apparently he didn't notice that the car he hid under was painted black and white and topped with a red and blue light bar. It also belonged to a California Highway Patrol officer who works outlying areas of the county.

To make matters worse, according to sheriff's investigator Dan Pearce, the two men had been using a truck reported stolen a few days earlier. And in the truck, he said, was loot from two other recent burglaries in which the men are now suspects.

Vandals provide their own mug shots

"I worked as a deputy clerk in the court system for eight years. One night three boys, ages 12, 13 and 15, broke into the local elementary school. They caused over \$50,000 worth of damage to the school, including broken windows and destroyed lockers. They broke into the school office and pulled all the school records out of the file drawers and ran them through the paper shredder. Determined to do as much damage as possible, they started piling trash in the middle of the floor, along with the contents of all the desk and file drawers.

"When they got bored with trashing the place, they played with the copy machine, taking prints of their backsides and faces. Being the neat and tidy boys they were, they kept the copies they liked and threw the ones they didn't like into a nearby trash can. The sheriff looked in the trash cans the next morning and found perfect mug shots of each of the boys involved."



Q: Why do female black widow spiders kill their males after mating?

A: To stop the snoring before it starts.

Rose Petal Landing

— a Discovery Cove of Treasures

by Zoe Cittern

Since she was a young girl Luann Coghlan has sought after the best bargains she could find, rummaging through the aisles at consignment stores. And now, she has finally found a place to house all her collectables; Rose Petal Landing. The location is a small house located in downtown Wilberforce and is home to accessories, jewellery, shoes, trinkets and gently used women's clothing and a few children's pieces.

Luann explains that growing up she didn't have many material items and the few she did she treasured. "I didn't have a lot growing up so I would always scour second hand clothing stores. We live in such a consumer driven society, people rarely recycle their clothes and it's a shame to see them wasted on a dump site. With a store like this, clothing can be affordable for shoppers, especially with how the economy is at the moment. We should start teaching our kids about it at a younger age, so they don't want the designer prices that come with the designer price tag. We should instead be teaching them that they are lucky to own something new."

The store isn't just a place to find an affordable dress for the upcoming party season or a piece of fashion jewellery, Luann will also be renting out her conservatory so the community can use it as they see fit. "If ladies want somewhere for a girls only evening, or say for a pampered chef party this room is ideal for that. They can rent it in the evening or day or both. Residents could use it as a club room of some sort as well." Luann has lived in Wilberforce for the past 12 years and knows the effects that the long winters can have on the community; "a place like this would really bring people out of their houses and give them something fun to do in the evenings or weekends. I wanted to do something for the community, to support the people who live here year round."

Luann originally had a store that was primarily jewellery and miscellaneous items until she saw the need to increase her stock and bring in gently used clothing, and thus Rose Petal Landing was born. She explains that "I've always looked forward to getting back into clothing and when the opportunity for the house came up it seemed like perfect timing. You have to take chances once in a while, you never fail if you don't try but I feel very positive about this place." Now that her current work place is heated throughout the winter, which her previous store wasn't, the

store is able to keep open year round. "Everything I had for this store was kept at our house; it's just a small place so it was driving my husband a little crazy! I think he's glad I found somewhere to put it all, he was very patient with the whole process however" laughs Luann.

Before Luann got into the second hand business, she was a floral designer, something she hopes to introduce to Wilberforce. "There is a room upstairs in the house that would be ideal for showcasing wedding displays. I'm thinking about displaying bouquets in there and decorations for possible receptions so brides can start their planning closer to home." Luann's store provides members of the community who are unable to drive to larger towns a chance to shop and meet new people. She says that "I just want the store to be a place for people to come and feel comfortable in and visit, a place where like minded individuals come together to have a good time." Luann also hopes to focus upon plus size clothing, "it's hard to find in this area, I don't see the sense in competing with some-

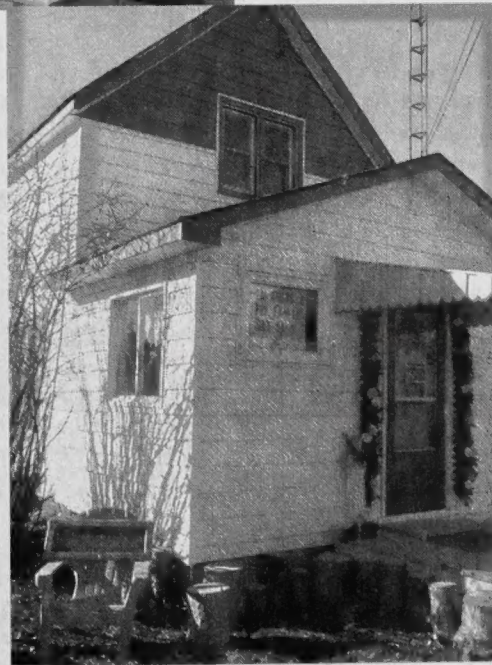
thing that is already there, but this would help fill a gap in the market."

Luann moved from the Niagara Peninsula to help care for her father when he fell ill. She also met her husband in Wilberforce and has been here ever since. She donates the rest of her time to driving for community care and the Canadian Cancer Society. "I love driving, even though I rack up the kilometers on my car I don't mind, especially as it's helping

those in need."

Luann's humbling spirit and determination produce an intimate collection of clothes, somewhere that you will be sure to find a treasure.

The store is open Thursdays and Fridays from 9am-9pm and Saturdays 9am-4pm. Taxes are included in the prices. Phone Luann at (705) 448-1589.



Spotlight on Business

by Zoe Cittern

Marty's Health Food Store and Custom Knits

Incense, candles, health books, beauty products, supplements, meditative CDs, health food goodies, environmentally friendly cleaners and washing products, knitting patterns and yarns are just some of the exciting goods that are available at Marty's in downtown Haliburton. The store is also fortunate to have a registered holistic nutritionist, Michelle Connelly, whose knowledge is available to anyone who needs nutritional advice.

Marty's has been a solid feature of downtown Haliburton for the past 20 years now, offering a healthy attitude to food for those needing to or wanting to change their diet and lifestyle; something that the owners themselves decided to do. "We used to live in Toronto, our jobs were very stressful and we would escape up north to the cottage every chance we could," explains Rolf Gryciuk, co-owner of the store along with his wife, Marty. Rolf had been coming to near-by Coboconk every weekend since he was five years old so he had always been in cottage country. "Even though the city lifestyle and our busy jobs weren't for us, they allowed us to buy a piece of this beautiful place" says Rolf. The store allows the couple to commit to a job that links with their healthy lifestyle, "we eat only certified organic food, no junk food whatsoever, we have our own garden and live off the land. We'd much

rather have fresh air than stress and more money" laughs Rolf.

And although the couple gave up successful city careers they "live a comfortable and fulfilling life. It's a treat to sit at the kitchen table and watch the wolves, foxes and bears walk by the windows. We love that we can hike straight from our back yard too" says Marty.

Rolf believes that ten years ago the health food business started to become much more popular. He explains that "people were starting to realize that what it said on the outside of the frozen box or the can really wasn't as good as it said it was. You would visit the supermarkets and very few people had produce in their carts that has really changed now. Ever since we've seen the crunch in the economy less people have been dependent on pills and have reached towards the health food. We are such a pill driven society but now that the economy has dented our wallets people are realizing that it's much cheaper to buy fresh food than depend on a pill, in essence it's cheaper to eat right." Marty's is a full health food store and carries health supplements as well as healthy, organic rich foods.

Marty's knitted goods are already available to purchase at the store, but the couple has plans to open a studio at their house to showcase Marty's knitting merchandise. "It really will be the best place to sell hats, scarves, purses and sweaters," says Rolf. Marty, who has been knitting since the age of three, learnt from her mother and grandmother. She succeeded so quickly at her passion that she became the problem solver for knitting patterns at a large corporation in Toronto. Marty and Rolf introduced the knitting section in the store five years after the original opening of the health food store, and the section has flourished ever since. The couple originally wanted to open a yarn store but at the time there was already one in the area so they opened the health food store instead. When someone suggested that they open up in Haliburton just before a summer season, they looked for a place that same day.

Marty's cont'd... pg. 7...



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Marty's Health Food Store and Custom Knits Cont'd...

... from pg. 6

The knitting section has become so popular that a spinning class is run out of the store. Master Weaver Wendy Bateman holds classes every Tuesday of each month and a knitting group runs weekly, every Thursday. Marty donates her knowledge and experience to the knitting group, and introduces a new technique for them to learn each week. "It's a group not a class, somewhere where you can bounce ideas off each other and get help with your current piece of work. It's a fun thing and certainly not a place that is intimidating. All of our members are of differing experience" explains Marty.

Marty and Rolf believe that it means so much to receive thanks from customers who have paid a visit to the shop. "It's a business that relates to our lifestyle, when people come back and say thanks to us for the help they've given us, that's the most gratifying thing about it" says Marty. So whether you're looking for knitting supplies to create that perfect Christmas present or stocking up on healthy ingredients, Marty's is the place to go for all your needs.

Marty's is open Monday to Thursdays, from 9.30am-5pm, Fridays from 9.30am-5.30pm and Saturdays 9.30-4.30. Phone (705) 457-3216.

Pictured right: Baby booties knitted by Marty

Pictured top right: From L-R, Marty, Keesha Ruyter an employee and Rolf



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Highlands Wind Symphony Orchestra Presents their Christmas Concert



Trumpets, flutes, saxophones, clarinets, tubas, trombones, french horns and many more will be playing to the rooftops of the Northern Lights Performing Arts Pavilion on December 6th. 33 musicians comprise of the Highlands Wind Symphony. Founded in 1998 they have been performing Christmas concerts to the residents of Haliburton county ever since. The orchestra is comprised of mature members of the commu-

nity as well as Haliburton High School Students. The band will be playing a mixture of Christmas songs across the decades and adding in concert pieces. Vocalist Jerelyn Craden will be joining the orchestra to sing two festive songs and the brass quintet will be showcasing their talents separately. The concert starts at 3pm.

Tickets for the Christmas Concert are available at Master's Book Store, (now in the Olde Country House Restaurant) Haliburton and Pharmasave Drugstore, Minden. Adults are only \$10, Students \$5 or bring your family for \$25. For more information call Hugh at 457-1671.



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Minden Hills Rent-All: New Location, New Products

by Zoe Cittern

Dayle and Sandy Brinklow have recently moved their Minden Rent-all business which has given them the chance to bring in more stock so they can widen their consumer base. The couple's business now proudly sits on the corner of Highway 35 and Renaissance St. in Minden, where the previous business, Lea's, once stood. The couple used to run their business out of their house with a garage providing the space for most of their collections of goods. However when the confines of the small location proved to be too restricting they decided to change location. Sandy explains the increasing need for them to move: "the business has grown four times the size than it originally was, and we couldn't expand anymore. We only had a small storeroom and we wouldn't display all of our stock. We have much more offer to now especially with the better location as we're just off the highway and downtown there is much more exposure for us. We've already had lots of positive feedback in the short time that we've been here too, which is great."

Lea's offered small engine repairs of all kinds which Dayle and Sandy have merged with their renting business. "The two original mechanics, Don Schlosser and Ryan Pacquette still work here. Don is a factory trained technician for Stihl, which is a new product that we now carry at this location" says Dayle. The store offers repairs on small machines anything from ATVs to snowmobiles to chainsaws and trimmers.

Dayle was a long-haul trucker for many years, until the couple decided they needed a change in lifestyle: the long hours and pressure for Dayle proved to be too much, so they moved to Minden five years ago from just outside Peterborough. The couple explained that they enjoy "the quiet here and the peacefulness of the area." After the couple was reconsidering their job options they came across the rental business for sale and decided to take the leap. They work collectively on the business yet with Sandy leaning toward the computer and office side while

Dayle conducts the maintenance and cleaning of the products.

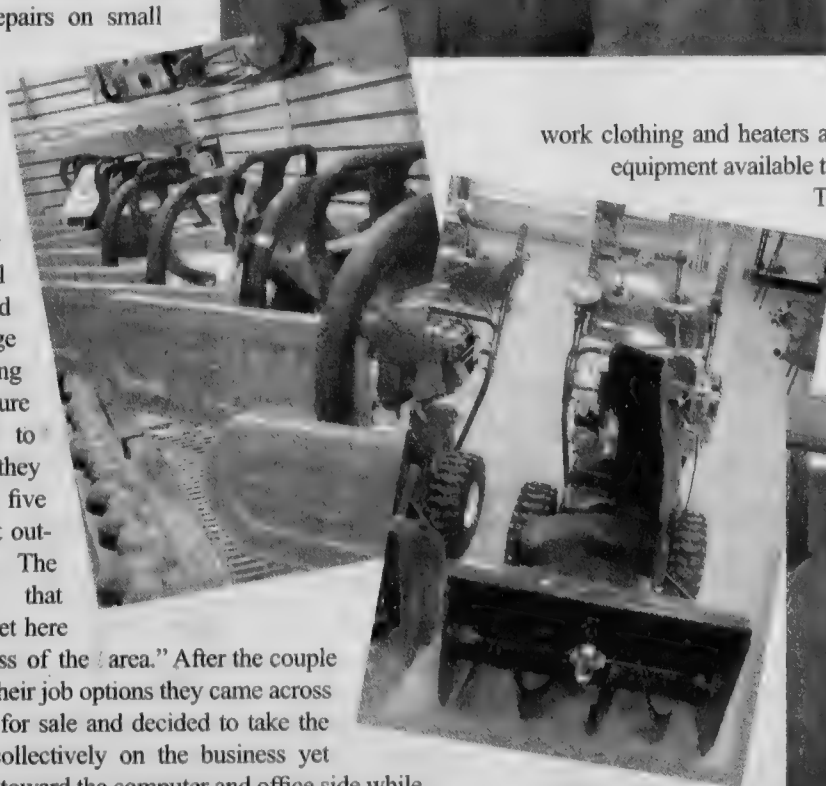
The store caters to contractors and home owners alike with products from landscaping equipment like Mini X's and excavators to wood chippers and paint sprayers. Dayle explains that their "client base is mostly

divided between the professionals and home renovators; especially with the Ontario tax credit more people are doing Do It Yourself (DIY) now."

Besides a full range of rental products, the store also sells brand name equipment such as Stihl, Toro, Lawn Boy and Husky. And they now carry snowblowers, something they didn't have at their old location. They offer competitive prices too "if the longer the customer rents the product for the cheaper the rental price will be" says Dayle. The store also offers pick up and delivery of products which makes it easier for clients with a busy schedule. Sandy states that they "like to think we give a more personal service here, we love the variety of the job and talking to the customers and getting to know their needs. We never find ourselves doing the same two things in the same week. Secondly we are always adding, changing, improving and upgrading our equipment."

Items at the store are not just for rent either, along with safety equipment, work clothing and heaters and generators there is a wealth of DIY equipment available to purchase.

The store is open six days a week, weekdays from 7-5.30pm and Saturdays 8-4pm. Call Dayle or Sandy at (705) 286-3047 for more information.



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Highland Cup Finalizes Venue for 2010

Harold Foyster, Organizer of the renewed and revitalized Highland Cup Snowmobile Race, has announced that the 2010 event will be held on the Pond at the Pinestone Inn in Haliburton on Saturday and Sunday March 6th and 7th. The Ticket Holders will be allowed to view the practice runs on Friday afternoon, March 5th as well. There will also be lots of ballots for free draws for tons of goodies.

Foyster has also confirmed that Jacques Villeneuve, the 2009 Eastern Pro Champion and the winner of the 2008 Highland Cup, will be back in full racing form for the 2010 event.

For more information check out the Cup's web site at www.highlandcup.com.

Santa is Back in Town! ...in Minden

Santa has been a busy man these past few weeks and he'll be back in Haliburton County on Saturday, November 28th when his sleigh will be parading through Minden. Wrap up warm and watch the colourful floats as they pass by. The parade commences at 10.30am at the public parking lot across from the fire hall, it will pass through Newcastle St and on to Bobcaygeon so there will be plenty of opportunities to see the man in red. Sip on hot chocolate after the event and even meet Santa himself with a free photo op. Lots of fun for the kids and kids at heart!

Highlands Festival Singers Present 'Christmas Chestnuts.'

Get into the Christmas spirit this year with some fantastic performances by the Highlands Festival Singers as they present "Christmas Chestnuts."

Shows are on Saturday, November 28th at 7:30 p.m. and Saturday, November 29th at 3 p.m. in the Northern Lights Performing Arts Pavilion. Tickets are \$17.50 and are available at Minden Pharmasave and Kitchens Etc. in Haliburton.

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Views and Reviews Branch 624

(Wilberforce)

by Mel Smith P.R.O.

The Wilberforce Legion Early Bird Draw is drawing closer, be sure you have your Dues paid up to date. The Early Bird Draw is where one of our Members who has paid their Dues before November 30th will have a chance to have their name drawn and the dues money returned. Why become a Legion Member you ask? Well you not only automatically receive all the up-dates on the functions going on at the Legion, a lot of which help out in the surrounding Community. You will also receive a monthly Legion Magazine and along with that some information which can save you some money. One example is 25% off on Dulux Paints, 15% off at Travel Lodge are just some of the Financial benefits that I noticed. The Magazine has some very interesting Stories in it. Our Legion is always working towards helping the Community.

Honours & Awards Night

Friday December 4th is Branch 624's Honours & Awards Night.

Those to be Honoured are as Follows:

5 Year Associate Member:

Ross Pickard, Christopher Sneagrove, Brenda Boomhour, Liam Cooke, Caroline Gray, John Lorenz, Frank Phillips.

10 Year Associate Members:

Audry Pacey, Frank Packard, Bonnie Jessop, Gil Jessop.

15 Year Associate Members:

Robert Clarke, Sharon Langdon, Mike MacDonald, Gary White, Richard Young.

20 Year Associate Member: Ken Dickson.

25 Years Associate Members: Stephen Rodgers, JoAnn Sudsbury.

30 Year Associate Member: Phillip Lake.

35 Year Associate Member: Marion Stuart.

5 Year Affiliate Members: Steve Honderich, Dave Reid, David Rowley.

10 Year Affiliate Members: Wayne Lindsay, Marg Ridout, Dave Rodregue.

10 Year Ordinary Member: John Bartholmew.

15 Year Ordinary Member: Len Crawford.

20 Year Ordinary Member: Tim Goodale.

35 Year Ordinary Member: Gary Carlton.

Wildlife Dinner

The Date for The Annual Wild Life Dinner is Saturday December 5th at 5.30 p.m., \$12.00 per person, so mark it on your Calendar. There are no advance tickets to be sold. It's my understanding that it will be first come first served. There should be plenty for everyone, but be there early. The Legion is looking for Donations of Wild Game as we have done in the past, and for that, call Richard 448-2727, or the Legion at 448-2221..

December 11th is the Birthday/Anniversary, Pot Luck Dinner at 7.00 p.m. and All are Welcome.

December 18th, we will have our ALL YOU CAN EAT Spaghetti Dinner, from 5 - 7 p.m. The cost is \$6:00 per Adult and \$3:00 for Children. Spaghetti Dinner with Salad, Garlic Bread, Desert and Tea or Coffee. This every 3rd Friday of the month. Very reasonably priced. Get

a group together and come on over for Dinner, or just your family.

New Years Eve Dance

December 31st is the New Years Eve Dance and More information will follow later in the Month.

If any further information is needed on this function or any other, call the Legion at 448-2221.

We have numerous events each day of every month for your entertainment, yet there is still time to come in sit down and enjoy a social time with old friends and meet new ones, in the Club room.

Our Weekly Events are:

Every Monday, Bid Euchre 7:00 p.m. \$2:00. Every Wednesday, Open Darts 7:30 p.m. \$1:00.

Every Saturday, The Meat Draw 2:30 to 5:00 Everyone is welcome. If further information is needed call 448-2221.

Lest We Forget:

Above mentioned events are just a few of our special events but we have many weekly events to enjoy as well.

Please call to see if anything else is happening or if you wish to rent our banquet hall for meetings, parties, showers just call 448 2221 for assistance. Our Ladies Auxiliary are available to service that function.



4 C'S

Food Bank

To: Haliburton County Families in need of assistance at Christmas

To promote fairness and efficiency for all concerned, please note our distribution policy:

Request for assistance must be made by the recipient between Monday November 23rd, to Saturday December 4th, 2009 phone 457-3331 between 10:00a.m. - 3:00p.m. There will be no deliveries made by the 4C's

NOTE CHANGES

MUST pick up your toys etc., personally, nobody else can sign for you make arrangements at any of the 3 following locations for pick up on Thursday December 17th or Saturday December 19th, 10:00a.m. to 3:00p.m.

- 1) The 4C's Food Bank
For those located in Haliburton, West Gullford and the surrounding areas
- 2) Wilberforce Fire Hall
For those located in Tory Hill, Harcourt and Wilberforce
- 3) Cardiff United Church
For those located in the Cardiff area
- 4) Minden Area - call 489-1232
Phone Nov 30 -Dec 4, Dec 7 - Dec 11
One day only pick up day Tuesday Dec. 22, between 1:00p.m. - 3:00p.m.

It's Happening in Kinmount!

by Lynne Kilby

The Christmas season is upon us and with it comes a variety of events to get your spirits in gear. Kinmount's annual participation in the Lights Across Canada Celebration takes place Thursday, Dec. 3, at 7:00 p.m. at the Railway Station. This heart-warming event promises to be more special than ever this year thanks to Barb & Kevin Hill who usually donate a cut tree for the ceremony. To commemorate Kinmount's 150th Anniversary Barb & Kevin are donating a tree to be permanently planted. Share in this delightful holiday celebration, which features tree lighting, carolling, treats 'n' sweets, a campfire and special visit from guess who?

For a sweet taste of Christmas, purchase a Christmas Cake from Kinmount Lions Club or Chocolate Mint Cookies from Kinmount Sparks, Brownies, Girl Guides & Pathfinders. The Lions also sponsor Christmas Angel Trees located at Kinmount Post Office & Kawartha Credit Union. Drop off your donations of food, unwrapped toys or gifts at these locations or at Kinmount Freshmart, the Royal Canadian Legion or Kinmount Health Centre.

Kinmount District Health Services Foundation has launched their Special Christmas Appeal. To aid in improving the quality of life for people in Kinmount and area funds will go toward doctor recruitment, medical equipment and building upkeep. Please give generously. Mail your donation to P.O. Box 225, Kinmount, On, K0M 2A0 or drop off at Kinmount District Health Centre, 31 Country Road 503. Receipts will be issued for all donations over \$20.00.

Get in the spirit by participating in the Kinmount Santa Claus Parade Sunday, Dec. 13. Enter a float or be a spectator. Floats gather at Kinmount Tim-Br Mart at 1:30 p.m. The parade starts at 2:00 p.m. and proceeds to the Royal Canadian Legion where children may visit with Santa.

Remember to shop Kinmount for some of your Christmas needs. You never know what unique items are waiting for you just around the corner. Kinmount Artisans Marketplace & Gateway Variety offer a wide selection of Kinmount Memorabilia for your gift giving pleasure.

It's not too late to sign up for Kinmount Knights Minor Hockey. Register at Kinmount Freshmart or call Dave or Pam at 488-2237. Registration fees for the entire season are only \$25.00 per child.

THANK YOU

I want to thank the generous people who donated food and money for the 4 C's Food bank during the wonderful Santa Claus Parade. A lot of food was taken to the Food Bank by the Haliburton Lions and that will make a lot of people happy. Those wonderful Lions also collected \$408.25 and they are going to match it and so will the great Haliburton Rotarians so the Food Bank will receive \$1224.75.

To all who helped organize the best parade I've ever been in, a huge thank you.

And a special thank you to the little boy who drew a picture of me and gave it to one of the Lions. It made me very happy and I'll be sure to visit you on Christmas Eve.

Merry Christmas to all.

Love

Santa

Kawartha Lakes Community Care is in urgent need of volunteers to transport clients to Ross Memorial Hospital in Lindsay for dialysis treatments on Tuesdays, Thursdays and Saturdays. Hours are approximately 10:00 a.m. to 4:00 p.m. As a volunteer driver, you will be able to dedicate as much or as little time as you like. Even committing to 1 or 2 days a month would be helpful. Remuneration is paid to cover travel expenses. Please contact Dorothy Heath at 488-1211 or Community Care at 324-7323.

Upcoming Events

Nov. 27 - K.C.P.E.D. hosts its annual Christmas Music Night & Christmas Loonie Auction, 7:30 p.m. at Galway Hall. Tickets \$10 in advance. Call 488-2635.

Nov. 25 - Diners' Dinner, 12:00 p.m. at Burnt River Centre. Cost \$7.

Nov. 28 - Benefit Dance for Fire Victims Chris and Christine Willems, 8:00 p.m. at the Legion. Tickets \$5.

Nov. 28 - Kinmount Farmers Market Christmas Open House, 10:00 a.m. - 3:00 p.m. at Kinmount Community Centre.

Dec. 3 Lights Across Canada 7:00 p.m. at the Railway Station.

Dec. 5 Legion Christmas Bazaar, 10:00 a.m. - 2:00 p.m. For table rental, contact Liz at 286-6464.

Dec 9 Diners Dinner, Looney Auction, Ridgewood School Choir Performance, 11:00 a.m. at Burnt River Centre.

Dec. 10 Trip to Casino Rama sponsored by Kinmount Seniors. Bus leaves the Legion at 9:00 a.m. Return time 4:00 p.m. Cost \$5 includes lunch. To reserve your spot call 705-488-1110.

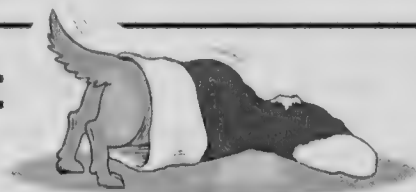
Dec. 11 Try your luck at Christmas Bingo, 6:45 p.m. at the Royal Canadian Legion. Win turkeys, hams and cash prizes.

Dec. 12 Drop in Craft, 9:00 a.m. - 2:00 p.m. at Kinmount Public Library

Dec. 13 Santa Claus Parade, 2:00 p.m. Main St. Sponsored by the Kinmount Committee for Planning & Economic Development & the Royal Canadian Legion, Branch 441.

Please call me at (705) 488-2919 or e-mail me at lynne.kilby@sympatico.ca to share news or advertise an event or activity and remember to keep visiting kinmount.ca. See you in Kinmount!

Don't forget
your pets
this Christmas!



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for great pet fun!

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YWCA First Annual Guardian Angel Awards

Five local women to be honoured

In honour of the 20th anniversary of the Montreal Massacre and Canada's National Day of Remembrance and Action on Violence Against Women, the YWCA Women's Centre of Haliburton County is hosting their first annual Guardian Angel Awards.

They will be honouring five women who live in Haliburton County who have worked or continue to work to improve the lives of women in Haliburton County. Our first annual Guardian Angel recipients are: **Rosie Kadwell, Linda Mintz, Heather Ross, Stephanie Foster and Pauline Knott.**

The evening will also feature an all-male discussion panel on violence against women, moderated by County Voice Editor Stephen Patrick.

The male discussion panel will include Probation Officer Terry Goodwin, Community Relations OPP Officer Mark McMaster, Archie Stouffer E. S. Vice Principal Peter Ferri, Mental Health Services Counsellor and Case Manager Stephen Hendriks, Retired Anglican Church Minister Rev. Merv Overall and Point in Time Program Manager Dan Bajorek.

Out Loud Womyn's Voices will honour the event with their voices raised in song on this special day. While we remember the 14 women

who died in Montreal, we will also pause to remember the 19 women who have been killed in Canada so far this year in domestic violence incidents.

"We need to raise awareness and take action on the ongoing problem of domestic violence," said Laura Redman, Volunteer and Event Coordinator for the YWCA Women's Centre of Haliburton. "While Haliburton County is home to many warm, generous and caring people, it is also home to perpetrators and victims of violence, and it's time for us all to recognize that violence against women continues to be a problem in this region."

Domestic violence costs Canadian taxpayers an estimated \$5 billion a year...

"The federal government estimates that Canadian taxpayers pay an estimated \$5 billion each year to cover the costs of operating shelters, health care, courts, police services and lost tax revenues - and that doesn't take into consideration the human toll. More than half a million Canadian children have witnessed domestic violence within the last five years."

Please join everyone from 6-8 p.m. on the evening of Dec. 6 at the Beaver Theatre in Minden. This event is open to the general public and is free, although we are asking all attendees to please bring a donation to the Minden Food Bank. This event is being held by the YWCA Women's Centre of Haliburton and is a Neighbours Friends and Families sanctioned event.

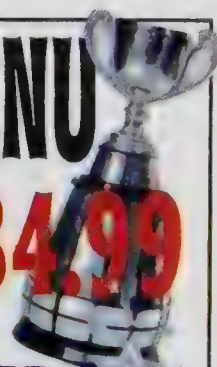


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CHRISTMAS HOURS

FOR APPLEJACK'S HALIBURTON

DEC 24

Open from 11am-4pm,
Serving our Late Night Menu Only

DEC 25

CLOSED
For Christmas

DEC 26

Open from 11am-8pm,
Serving Omelets, English Muffins
And Waffles All Day,
And Our Late Night Menu.

NEW YEARS' EVE

Open from
11am-10pm,
Reservations Recommended
ONLY 50 Seats
Still Available

NEW YEARS' DAY

CLOSED
For New Years

NEW YEARS' EVE DINNER 2009

FROM 5-9PM

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Special Soup **OR** Salad

Appetizers

Steamed Mussels, simmered in white wine pesto sauce **OR** Bacon-wrapped scallops

CHOICE OF ENTREE:

Italian-Style Trout stuffed with olives and shallots
with freshly sauteed seasonal vegetables and wild rice.

OR

Prime Rib Roast with mushroom gravy, Specially Baked New Year's Eve Potatoes
Freshly sauteed seasonal vegetables.

Dessert Squares with Coffee or Tea



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per couple

*All taxes & gratuities are extra
Reservations Recommended

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Church Events

Christmas Luncheon
FRIDAY, NOVEMBER 27 - 11AM
To 1:30PM
Our Lady of Fatima Church, Main
Street, Minden

Featuring our fabulous homemade soup, sandwiches, goodies, bake table

(including our tortier pies), 50/50 draw, doorprizes and country bucket auction - \$5.00 - preschoolers free (snow date November 28, same time)

Highlands Male Choir Presents a Reading of a Christmas Carol.

'Like the Dickens' will be performed on Sunday December 13th at Haliburton United Church at 7pm in support of the food banks of Haliburton County. Tickets are \$15 and are available at Cranberry Cottage, Haliburton and Pharmasave, Minden. Non-perishable food items would be greatly appreciated.

Zion United Church in Carnarvon will be holding a Memorial Tea December 6th from 2-4pm.

The memorial tea will commemorate the National Day of Remembrance and Action on Violence Against Women. Nancy Brownsberger from SIRCH will be the guest speaker with a musical performance by 'Outloud Womyn's Voices.' The service will be in memory of the 14 women murdered December 6, 1989 in Montreal and for all women killed by violence.

'The Promise of Light'

A Christmas musical by the Minden United Church Choir will be performed on December 13th, at 4pm followed by turkey sandwiches with all the trimmings. The meal is being prepared and served by the men of the Church. \$10 per adult, \$5 per child (ages 5-12). The Church is located at 21 Newcastle St.



A Sunday school teacher was discussing the Ten Commandments with her five and six year olds.

After explaining the commandment to 'honour' thy Father and thy Mother, she asked, 'Is there a commandment that teaches us how to treat our brothers and sisters?'

Without missing a beat one little boy (the oldest of a family) answered, 'Thou shall not kill.'



top ten

Must-Know Nursery Songs

1. Row Row Row Your Boat
2. Itsy Bitsy Spider
3. Twinkle Twinkle Little Star
4. Looby Loo
5. Hush Little Baby
6. Ba Ba Black Sheep
7. Head Shoulders Knees and Toes
8. Wheels on the Bus
9. Down by the Bay
10. If You're Happy and You Know It

Source:
www.associatedcontent.com

Cottagers Vacationers Snowbirds

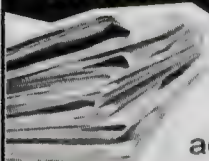
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NOV 29 - Turkey Dinner @

The Minden Legion. Begins at 12:30

DEC 5 - Delicious family style Chinese dinner at Win Yeungs in Haliburton. Begins at 12:30

DEC 2 - Turkey Dinner at The Haliburton Legion. Begins at 12:00

DEC 11 - Turkey Dinner at Wilberforce Legion. Begins at 12:00

Entertainment & Door Prizes

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Community Care
 HALIBURTON COUNTY

Tickets for each of these luncheons are \$15, and are available at our office at Halco Plaza or by calling 457-2941. Visa & Mastercard accepted.



"I love to cut coupons that might look like a good deal. Sometimes, when I get to the store, I find that I would do better with the store brand. However, some

people love certain brands, so I always leave the coupon with the item if I know I'm not going to use it. I'm always happy to share!"
— A.J. in Missouri

"You can create new Christmas postcards from last year's holiday cards. Print out a postcard template on adhesive paper and cut out matching-size pieces from the fronts of cards you received in the past. Write your message (or add it to the template before you print it), address and go. The biggest bonus is the price difference between first-class mail and postcards." — P.C. in Minnesota

"When making your favorite holiday cookie recipe, try this trick (if you can): Drop dough by spoonfuls on a small broiler sheet (or a plate covered with aluminum foil), then freeze. When frozen, the balls can be broken up and stored in a freezer-safe bag. To make a few cookies at a time, you can take them out and cook from frozen. It's magic." — C.B. in Indiana

Keep your holiday shopping list with you, and make sure you have updated sizes and preferences. You can shop all year long, or be on the lookout for late winter and spring birthday gifts now, from all the sales.

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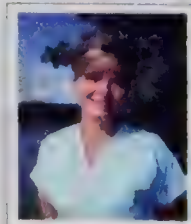
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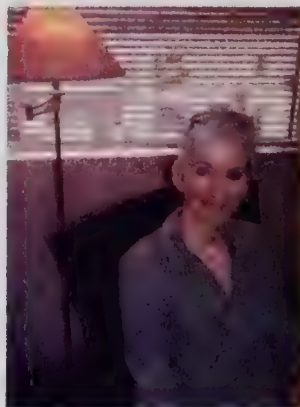
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Laser Therapy- 'Heal at the Speed of Light.'

by Zoe Cittern



Sandra McCarthy may be new to Minden and Haliburton County, but she certainly isn't new to the practice of therapeutic care. She's been a registered massage therapist (RMT) for the past 20 years and an integrated manual therapy practitioner (IMTP) since 1998; and in the last five months she has introduced laser therapy to her educational spectrum. Sandra is an associate at the Avalon Wellness Clinic in Barrie where she treats her

large patient roster through massage therapy, I.M.T. and her newly introduced treatment; low intensity laser therapy. After discovering the quick and lasting effects of laser therapy herself she decided to introduce the treatment to her clients in Barrie and now Minden.

Sandra had suffered for years from a nagging injury and decided to try something new to stop the pain after a recommendation from a friend. She explains: "I'm a big believer in testing out therapies before I introduce them in my practice so I know the validity and reliability of the product. I saw the effects of the treatment soon after and I knew I had to bring it to my clients."

Although Sandra continues working in Barrie she has now brought the therapy to Minden after using it on her family who live in the area. "I come to Minden most weekends to visit family and I would often bring the machine with me and I began to see a real need for it in Minden, especially as no one in the area offers laser therapy." The low intensity laser therapy is available on Saturdays only from 9am-1pm at "Of Sound Body" on Bobcaygeon Road with possible plans to extend the hours or offer another day if a demand is shown for the treatment.

Laser therapy is not only relatively inexpensive, it is pain free, non-evasive and the results are progressive and lasting. Laser therapy works when the light from the laser is applied directly to the skin, it penetrates deep through the tissues to the target site needing repair.

Laser cont'd... pg. 19...

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Laser Therapy Cont'd...

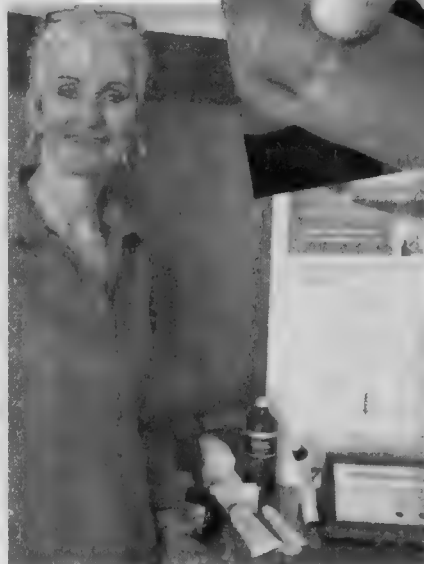
... from pg. 18

This light energy is converted to biological energy (the energy that our bodies naturally use for all functions). The cell when stimulated by this energy begins the healing process such as reducing swelling and inflammation, reducing pain, muscle spasms and tension. Blood and lymph flows are increased and new blood capillary growth is enhanced. Sandra tried the laser therapy on my forearm and there wasn't the slightest bit of pain caused when the treatment was conducted on my skin. This represents a huge advantage to the treatment as other therapies can cause discomfort.

Each session of laser therapy takes approximately 15 minutes depending on the severity of the injury and then follow up sessions may or may not be needed, again depending on the severity of the injury. An extensive list of conditions can be treated with the low intensity laser therapy including; neck problems such as cervical spine, sinusitis and whiplash injuries. Old sporting injuries can also be tended to such as tendonitis and repetitive strain injuries. Sandra begins the session by understanding the medical history of the patient and discovers what the chief complaint is. She then uses her integrated manual therapy by conducting a physical assessment on the patient; she can detect certain problems they may have such as bone bruising by touching the body in certain areas.

Certain patients unfortunately cannot have the therapy, like cancer patients and pregnant women. It is also not suitable for use on areas with tattoos, or on the throat or eyes.

Sandra says that she enjoys "recreating the feeling of what it's like to feel well again. So many people have lost touch with what that feels like and I really believe in this therapy to work well. I'm seasoned at what I do and I like to use all of my education when treating patients." Sandra has a Honours BA in Physical Education from Lakehead University and later trained as a massage therapist at



Sutherland and Chan School in Toronto where she later taught for seven years. She took additional training in the I.M.T in 1998 and five months ago trained with the laser therapy.

Sandra believes in conducting a multidisciplinary approach to her line of work: "Treating patients is all about being a team; I like to resource other local professionals as much as possible. I teach my clients about self-care after they've had the treatment by way of supplements and holistic care, which I'll refer them to professionals I recommend in the area."

In the five months that Sandra has been using the laser therapy it has seen startling results in many of her patients. She explains that "an older lady had lower back pain, after two treatment sessions with only the laser therapy her pain was virtually eliminated. It's truly amazing what this treatment can do. Another lady who had severe diabetes complained that they couldn't feel their feet for the past five months. After eight or nine sessions with the laser therapy and naturopathic supplements she said that she could feel them again, she could feel that they were cold."

Low intensity laser therapy has certainly provided some impressive results and may just be the new therapy to ease your pains away.

"Of Sound Body" is located at 114-A Bobcaygeon Road. Call Sandra at 1 (705) 795-1047 for appointment only or email s_mccarthy@rogers.com

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Estate and Joint Assets

with Susan Lee

Something I have seen over my time as a financial planner and even before that, working at financial institutions, is a person adding a child or children as a joint owner to their asset, house, GIC, bank account for example. This is done in most cases for two reasons; first, to keep the asset value out of the estate to help reduce the probate fee charges and second, is to facilitate, speed the transfer of the assets to the children. Again I am on repeat mode, we are all individuals and one idea does not fit all.

The down side to adding a child joint to your home is the loss of capital gain exemption of a principle residence. For example, your house is worth 100,000.00 and you add your son on as joint owner with right of survivorship and at the time of your estate the house is worth 200,000.00. The value up to adding your son is tax exempt as your principle residence but only 50% of 100,000.00 gain after that is considered a principle residence for you and if your son has a home of his own his 50% of the gain since his name was added will be taxable when the property is sold. In this example the probate fee is much less than the capital gain tax for your son.

A few more things to consider is that once you add a child to the house it could be considered a family asset in the event of that child's divorce and it might also be open to creditors of that child. Also the child has to sign with you if you decide to sell the home. Please review with you lawyer first. When someone adds a child to their asset, the idea is that your child will out live you. Unfortunately this is not a guarantee and sometimes even the best laid plan falls apart. Yes you could just add someone new if your health permits. No one really likes paying government fees and taxes but we need them to live in a great Country like Canada, but no one wants to pay more then they have to. Unfortunately, sometimes our goal of saving a fee like probate fees (often only a few thousand dollars), over shadows setting up a proper will and estate/tax plan. With a will you can cover all of the "what if's" of life. Such as what if I out live my children, how do I want my asset to be disbursed in this unfortunate situation? An additional complication is second marriages and extended families. I always recommend placing your goals for your assets first and then make them as tax efficient as possible such as having investments through an insurance company (I have discussed in early articles) that are similar to GIC's and mutual funds and are in your name but they allow you to name beneficiaries to cover off the "what if's" in life, avoid probate, and paid out to your beneficiaries in 30 days. Another tax savings is naming a charity in your will to create a donation tax receipt, but it must be part of your will as your executor cannot make that decision afterwards.

Important update: In 2007 the Court ruled now most assets held jointly by a parent and child will not automatically become the child's asset when the parent dies. Instead, what happens to that joint asset on death will be determined by the parent's intention. If the beneficiaries of the parent's estate can't agree on what the parent's intention was, the Court will have to decide who gets the asset. This can easily lead to a destructive and costly family estate battle. If anything, the ruling places the onus on the joint asset holder, no matter how long ago this was arranged, to prove that the parent intended the joint asset to be separate from the estate assets. Take advantage of professionals, lawyers, accountants and financial planner to protect your estate. I do what's best for you.



Susan Lee, CFP

CERTIFIED FINANCIAL PLANNER

susanlee@xplornet.com

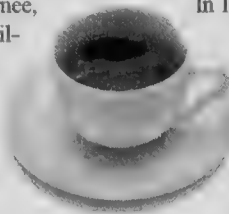
office: 705-457-3207

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It's the Law

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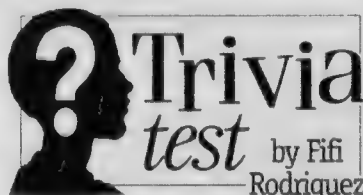
A law in Gurnee, Illinois, made it illegal for women weighing over two hundred pounds to ride a horse while wearing shorts!



In 1993, the mayor of Cebreros, Spain, officially banned humans and dogs from running in the streets.

The city of Port Henry, N.Y, has passed a law forbidding anyone from disturbing the sea creature believed to live in Lake Champlain!

In 1756, King Fredrick I of Sweden issued a law forbidding the drinking of coffee.



1. GEOGRAPHY: Lake Tahoe straddles the borders of which two U.S. states?

2. FOOD AND DRINK: What kind of dish is sometimes referred to as a "grunt" or a "slump"?

3. MEDICINE: What condition does a deficiency of iron cause?

4. MOVIES: What 1990 film won an Oscar and a Golden Globe for Best Picture?

5. GENERAL KNOWLEDGE: What is the traditional birthstone for May?

6. MUSIC: How old was Felix Mendelssohn when he wrote the overture to "A Midsummer Night's Dream"?

7. ASTRONOMY: How many moons does the planet Mars have?

8. MYTHOLOGY: What is the Greek god of the sun called?

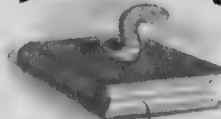
9. LANGUAGE: What is the only word in the English language that ends in the letters "mt"?

10. LITERATURE: What was the name of Dick and Jane's cat in the famous early readers?

1. California and Nevada
2. Baked fruit dessert with a biscuit topping
3. Anemia
4. "Dances with Wolves"
5. Emerald
6. 17
7. Two, Phobos and
8. Helios
9. Dream
10. Puff

Answers

Learn A



Word

Maunder

\ˈmon-der\ v 1: to wander slowly and idly *2: to speak indistinctly or disconnectedly.

"The skunk maundered through the woods."



Lange on the Law *Donald Lange*

by **Donald J. Lange**
Barrister & Solicitor

Leaning Fences

The Trespass to Property Act addresses situations when a person enters the lands or premises of another person without a legal right to do so. Trespass may also occur when a structure, such as a wall, intrudes onto the lands of another or when an object, such as an eaves trough, intrudes into the airspace of the adjacent property. These trespasses are governed by decisions of the court system ("the common law") not by the statute.

When a trespass involves a structure or an object, the trespasser may have a defence if the trespass was not intentional. There are many fences along property lines on the farm lands and cottage properties in the County of Haliburton. Many of the fences are leaning to one side or the other side of the property line.

The New Brunswick Court of Appeal addressed a situation where a fence leaned over a neighbour's property. The court was dealing with a fence which the neighbour had built wholly on its own property, perfectly straight and flush with the boundary, and which the court found was leaning a few inches in certain places after three years due to the natural forces of snow or frost. The court described the facts of the case as follows: "With respect to the claim that the defendant had in 1955 put up a fence, the top of which three years later was found by Sherren (the land surveyor) to project between 33/4 ins. to 13/4 ins. over the plaintiff's side of the line dividing the two lots, I am bound to find that the defence has failed to contradict the findings of Sherren in this respect and that the top of the fence, whether due to frost or snow, encroached in 1958 a few inches over the plaintiff's property." The court likened the leaning fence to the encroachments of boughs and roots which would constitute only a nuisance but not a trespass. The court stated the law, in somewhat archaic language, as follows: "Trespass to land is the act of entering upon land, in the possession of another, or placing or throwing or erecting some material object thereon without the legal right to do so. In all such cases, in order to be actionable as a trespass, the injury must be direct, within the meaning of the distinction between direct and consequential injuries. It is a trespass, and therefore actionable per se, directly to place material objects upon another's land; it is not a trespass, but at the most a nuisance or other wrong actionable only on proof of damage, to do an act which consequentially results in the entry of such objects. To throw stones upon one's neighbour's premises is the wrong of trespass; to allow stones from a ruinous chimney to fall upon those premises is the wrong of nuisance."

In the next column, I will be talking about other intruders on your property.

Donald J. Lange, LL.B., Ph.D. (Cantab.)

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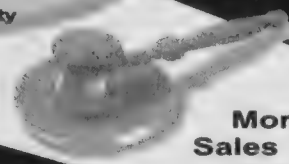
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WHITE TRAIL

By Marci Mandel

PRESENCE

A friend sent me a link to a YouTube site titled The Hubble Ultra Deep Field in 3D. It was a short documentary about what some scientists who were privileged to be allowed access to the Hubble telescope saw when they pointed it to where there appeared to be absolutely nothing.

In time, the computer that was attached to the telescope began to pick up images, and before long, they found that within the nothingness were several million more galaxies. Astonished, they tried the experiment again, this time pointing to the distant blackness near the constellation Orion. Once again, when they closely looked into the nothingness, they found even more millions of galaxies. This makes me wonder if there is such a thing as nothingness, such thing as absence.

Einstein, I believe, said cold is the absence of heat. There are no measurements for cold, only measurements of heat – British Thermal Units. So cold is a measurement of the absence of heat, but no matter how cold things get, even -75 degrees Celsius, there is still a presence of heat in the most infinitesimal measurement. Einstein has also been said to have

added that fear is the absence of love, so that even the most evil person has at least a minuscule element of love present.

This would suggest there is absolutely, always some sort of presence everywhere at all times. So what is this presence? God? Love? Peace? I don't know, but if I was to analyze it...I could no longer feel it. Thinking, it seems, veils it. When I breathe slowly and relax, there it is again. Breathing connects me to it, and thinking disconnects me from it. How curious. It's like the relaxed breath is the drawbridge to this Presence.

If Presence is in the spaces, is there really nothing, no thing? Maybe, therefore, Presence is not a thing, it has no form; it is formless. The word Buddha is made up of two symbols - no and man: no man, no thing, no form; formless. Where there is nothing, there is Presence and since it is no thing, it must be a state of being: Being Present.

Is Buddha 'no man' because that which he is (formless) is also in all man-kind? If that formless Presence is everywhere, even in the spaces between the far off galaxies, isn't he and me and all things at the same time? The formless is in all forms? Hmmm.

So once again, what is this Presence? Can I possibly know something so vast? I can feel it. I can sense it. I can even trust it, but I'm not sure if I have the language to truly comprehend it. The language I do have helps me put some pieces of the puzzle together so I can get a sense of what is occurring. Being a detective, one looks for patterns and since I am a writer, I look for patterns in words - wanting: long for, sympathy: empathy, pretty: beautiful, comfort: ease, studied: wise, thinking: knowing. At first glance the pairs of words appear to have similar meanings. However, after a closer look, the first of the pair is about the form and the second is about the formless. Wanting, sympathy, pretty, comfort, studied, and thinking, are all about things a person does. Long for, empathy, beautiful, ease, wise, and knowing, all come from Presence, from being. It would appear that being leads to a deeper place than doing. Being a responsible parent or a responsible homeowner will lead to doing certain tasks. The doing comes from the being. If you do the things parents should do, will you be a good parent? Can you do caring? It seems to me there would be something missing, some intangible, formless presence.

Maybe people feel alone, rejected or inadequate because they aren't connected to the Presence: they feel an absence of the Presence. But since the Presence is always there, they just have to open to it, let down the drawbridge, and breathe to connect.

This no-thing pattern of life seems to be all around us, within us, beyond us. Even the digital world, and its language based on a series of 0's and 1's, reflects this. The formless and the form are eternally linked, and when we stop thinking, stop doing, and open to it we feel the same awe, the same oneness in our inner space as those scientists who saw into the nothingness in outer space.

"It's absolutely mind-blowing if you stop to think about it, that by looking at a patch of sky that appears to have nothing in it, and you stare at it long enough, you see an image full of galaxies." - Tony Darnell

To view the video go to: http://www.youtube.com/watch?v=oAVjF_7e_nsg&feature=channel

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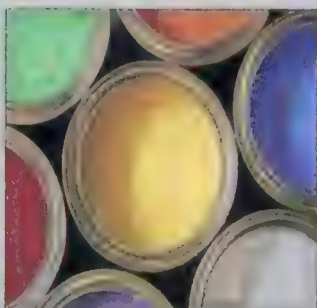
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That's Life

A Comical Look at Life's Situations

The headline doesn't always tell the story

A man is riding his bike through the Toronto Zoo, when he sees a little girl leaning into the lion cage. Suddenly, a lion grabs a cuff of her jacket sleeve and tries to pull her inside before the eyes of her screaming parents. The man jumps off his bike, runs to the cage and hits the lion square on the nose with a powerful punch.

Whimpering in pain the lion jumps back releasing the little girl, and the man brings her back to her terrified parents, who thank him endlessly.

A reporter witnesses the whole scene and runs up to interview the man, and says: 'Sir, that was the most gallant and brave thing I've ever witnessed. What do you do for a living?'

'I'm a Member of Parliament. It was nothing, really. I just saw this little kid in danger and did what I felt was right.'

'Well, I'll make sure this won't go unnoticed. I'm a journalist, you know, and tomorrow's paper will have this on the first page. What party are you with?'

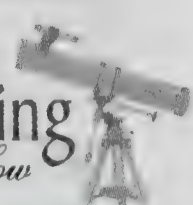
'The Conservative Party of Canada.'

The journalist leaves. The following morning, the MP buys the paper to see if it indeed brings news of his actions, and reads, on the front page:

HARPER THUG ASSAULTS AFRICAN IMMIGRANT AND STEALS HIS LUNCH!

Scientifically Speaking

What When Where Why How



How come fingers are so strong when they're so small and skinny?



Drum your fingers on a table or "play" the piano in the sir. See the "cords" moving in the backs of your hands? Those cords are your tendons, and they attach your muscles to your bones. The tendons in your hands carry muscle power all the way from your elbow to your fingers. So although your fingers might be small and slender, they're backed up by a lot of power.

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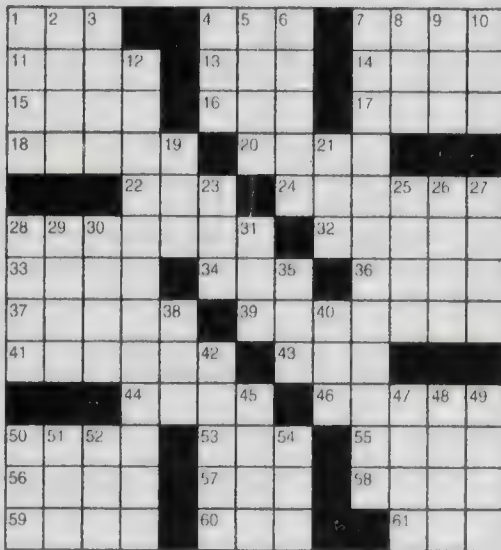
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King Crossword

ACROSS

- 1 History chapter
- 4 Recede
- 7 Note to self, e.g.
- 11 Co-ed quarters
- 13 Stout cousin?
- 14 Verve
- 15 Concept
- 16 Dress (in)
- 17 Otherwise
- 18 Tropical timber trees
- 20 Coated with gold
- 22 Daw goddess
- 24 Acceptable
- 28 Splendor
- 32 Form
- 33 PC picture
- 34 Morning moisture
- 36 Facility
- 37 Disreputable
- 39 It may say "Home Sweet Home"
- 41 Motion detector, e.g.
- 43 Neither mate
- 44 Unstable particle
- 46 Brandy flavor
- 50 Pinnacle
- 53 Cranberry territory
- 55 Old portico
- 56 Angry

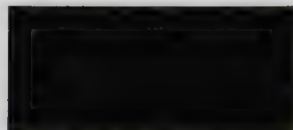
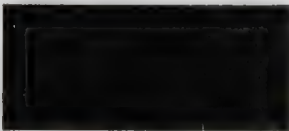


- | | | |
|--------------------|---------------------------------|-----------------------|
| 57 Greek mountain | show | 31 "Of course" |
| 58 Former frosh | 8 Right angle | 35 Ashen |
| 59 Put in the mail | 9 More, to Manuel | 38 Second person |
| 60 Profit | 10 Indivisible | 40 Swab the deck |
| 61 Chaps | 12 Just stay within your budget | 42 Batman's partner |
| | 19 "Mayday!" | 45 Protuberance |
| | 21 — Angeles | 47 Teensy bit |
| | 23 Norm (Abbr.) | 48 Get by somehow |
| | 25 False idol | 49 Nobel chemist Otto |
| | 26 Church section | 50 Venomous snake |
| | 27 Antelope's playmate | 51 Bill and — |
| | 28 Fail to hit | 52 life's address |
| | 29 Rue the run | 54 "Roscoe" |
| | 30 Rivers or Collins | |

DOWN

- 1 Tend texts
- 2 Took the bus
- 3 Vicinity
- 4 Have breakfast
- 5 Online journal
- 6 Start
- 7 Tim
- Russert's longtime

Puzzle Answers



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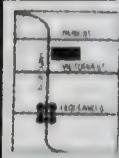
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Opening night starts at 7.30pm on December 12th with the following performance on December 13th at 2pm at the Northern Lights Pavilion Theatre. Tickets are \$15 for adults and \$10 for children. They can be purchased at Kitchens Etc. in Haliburton and Pharmasave in Minden. For more information please call 705-457-1990.

Stouffer Mill Bed and Breakfast Invites you to a 'Musical Afternoon' on December 13th.

View a spectacular 16' foot Christmas tree with over 2,500 lights - all this and mulled cranberry juice, seasonal goodies live music by "The tri-vocals," Marsha Sweet and Dave Hawley and Ken Loney all under the direction of Melissa Stephens awaits you at Stouffer Mill Bed & Breakfast on Dec. 13 from 2-5pm. Admission by donation to 'Haliburton Highlands Grannies' in support of the Stephen Lewis Foundation. Stouffer is located on off Hwy 35 just north of Camarvon.

Off at the Wall at Rails End

Between November 25th -December 11th the gallery will be hosting 'Off the Wall.' Rails End wants you to get into the gallery, flex your creative muscles and start creating! Artist materials will be provided. Anyone is invited to paint the paper covered walls of the gallery with the grand finale on December 11th when the walls will be for sale. Contact (705) 457 2330 for more information

"Off The Wall Wrap Party": Friday December 11th from 6 -11pm

At the end of the creative phase the Rails End Gallery is hosting a ticketed "Off the Wall" evening event during which ticket holders can exchange their tickets for art by the square foot.

Carl Dixon and Laurie Jones are MCs for the event. All proceeds go toward community arts programming at the Rails End Gallery & Art Centre. Tickets for the event are \$30 and are available at Rails End Gallery & Arts Centre (Haliburton), The Art Hive (West Guilford), Royal LePage Brokerage (Minden) and Agnes Jamieson Gallery (Minden).

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Ghost Stories

Scary Tales

Road ghosts form a distinct sub-division of psychic phenomena, the most common variety being "phantom hitch-hikers". These have been recorded for centuries all over the world (even, for example, in mediaeval Japan) and are generally classified as legend, although, as Michael Goss has shown in *The Evidence for Phantom Hitch-Hikers* (1984), many contemporary accounts have the unfinished feel of genuine experience - certainly, many drivers are convinced that something more than hallucination has occurred.

Then there are spectral jaywalkers, apparitions that step recklessly into the path of oncoming traffic. The most celebrated example of this is the Ghost of Blue Bell Hill, in Kent, attributed to the shade of a young woman killed in a road accident there in 1965.

There are other types of road ghost. One of the oddest stories to hit the Hampshire headlines between the wars was the tale of the Tall Man of Brook. On the evening of Sunday, May 5, 1924, three people, Betty Bone, her brother Alf, and his friend Ewart Pope, were cycling through the New Forest. It was still light as they reached the Bramshore golf links just beyond the Bell Inn at Brook, where they passed a strange pedestrian at least seven feet tall. He was dressed in an antique top hat and a long tailcoat. As he was facing the same direction, none of them noticed his face. A quarter of a mile further on, to their great surprise, they saw the Tall Man in front of them again at the top of Telegraph Hill. As before, they didn't notice him until they were within 20 paces; he just "appeared" as if by magic.

Road Ghosts



Passing him, they experienced what they later described as "a distinct sensation of the eerie, the uncanny". At the crossroads of the B3078 with the Fritham to Normansland road, the man again appeared about 20 paces ahead. By now thoroughly unnerved, the trio pedalled past him furiously, intent on getting as far away as possible. He was never seen again.

Then there are phantom vehicles, a variety of spectre which

I find particularly appealing. One night in thick fog in November 1983, a Mrs Brason was driving down the Bicester-to-Banbury road, near the Bear pub in Souldern, when she found herself behind a black estate-car with wooden strips but showing car no lights. She was nervous about overtaking in the fog, but when she saw a car approaching at speed from behind, she decided to follow it past the car in front. As she prepared to overtake, she found to her astonishment that the black car had vanished. There was no turn it could have taken. After telling this story on Radio Oxford in January 1996, Mrs Brason received a phone call from Ken Fowler. He had seen the phantom vehicle, which he recognised as a Morris 1000 Traveller, near the Bear pub. He was 17 and riding his motorcycle on another foggy November night, in 1963. The phantom Morris was facing him in the middle of the road with no headlights. He slowed down to within 20 yards and it disappeared before his eyes.

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THE PIPE LINE

By Mark Evans



The Tool of the Trade

I ran into the man that was my very first Journeyman yesterday and I could tell that Ludwig was as happy to see me as I was to see him.

It's been more than twenty years since we last saw each other and the only thing that was different was the color of our hair. He taught me a lot of valuable lessons but one thing he said that really stuck with me is that a good Plumber always keeps a pair of pliers in his pocket. He's a smart man and I thought I should follow his advice. At first they felt awkward but then I switched to carrying them in my back pocket and found that far more comfortable. Now I don't leave home without them.

I'm not talking about channel locks here either; I mean a good pair of water-pump pliers. Even the term "pair" of pliers proclaims their value. There's only one tool that is referred to in the plural...they're simply that awesome. Of course I couldn't get the job done without my tape measure or my level and a day without my cordless drill would be a long day indeed but if I don't have my pliers I'm just another guy with dirty hands...with them I am Ironman.

My cyborg hands have super strength and feel no pain, they handle freshly soldered pipes safely, overpower solvent weld fittings, forcing them into position before they set and can crank rusty old bolts into submission. "Surrender cast iron clean-out cover, resistance is futile." My intention here is to suggest that if there is one tool that might be considered as "The" tool of the trade, I would recommend the pair of pliers. Because of it's across the board versatility from rough-in to finishing, residential, commercial or industrial, it's the tool I reach for most. You can pound in and wrench out a spike with this wonder tool but its usefulness is not limited to just brute strength and power. Not by a long shot. With experience, a skilled operator can manipulate the tool to perform delicate tasks gracefully as well. Removing a retainer clip in a tight spot, reforming a bent copper fitting, pulling up a stubborn zipper or popping a bottle cap can be done with ease. I have even repaired jewellery with my favourite tool, and where would home dentistry be without them?

Now these amazing abilities are all well and good you might be thinking but what can this incredible tool do to improve my love life. Well imagine if you will the following situation. With the lights down low and the music playing softly, any sophisticated lady would be powerless to resist the charms of a handy man with his pliers at the ready, cleaned and shined for the occasion of course. "Would you like some wine dear" he would whisper as he deftly adjusts the jaw width to fit snugly over the re-sealable cap. "Oh yes kind sir" the fine lady might reply "and it seems one of the tines on my fondue fork is bent...is there anything a big strong pair of pliers could do to help a fair maiden in distress?" Well you don't have to be a rocket surgeon to see where this scene is heading. And this is just one of a million romantic scenarios available to the amorous Pliersman, the potential for a daytime soap is a real possibility. It wouldn't be fair or accurate to say that this one tool is capable of performing every task, certainly not. In fact, there are situations where a pair of pliers is definitely not the tool of choice... installing chrome, polished brass or brushed nickel pieces for example. This amazing tool may have its weak points but even Superman has Kryptonite.

Of course the pipe wrench is more commonly recognised as being the Plumbers main tool. I'm sure that if tests were held to determine symbol / occupation association, most people would guess Plumber when shown a picture of a pipe wrench. Realistically though, with today's modern materials it rarely makes an appearance on the jobsite and it doesn't fit into my pocket very well. A pair of pliers on the other hand fits perfectly and on cold days I heat them with my torch to keep me warm too. No other tool provides such comfort, versatility and convenience. Even unused in your pocket they're helpful in maintaining the image the world expects of us.... those pants aren't going to hang low by themselves you know. So with thanks to Ludwig for his insightful advice, It gives me great pleasure to nominate the Pair of Pliers as "The" tool of the trade.

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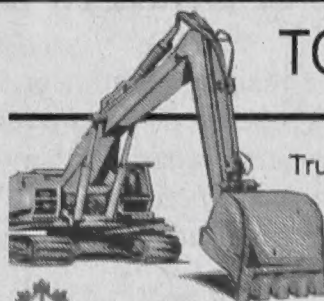
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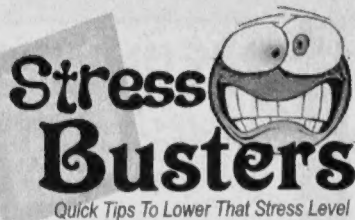


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HOCUS-FOCUS

BY
HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. "Danger" sign is bigger. 2. Jersey numbers are different. 3. Stars are black. 4. Fewer people in crowd. 5. Hockey stick is taller. 6. Arena wall is taller.

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Agnes Jamieson Gallery Members' Show

December 3rd 2009 to January 16th 2010

Dr. Agnes Jamieson felt it was important for the members of the Agnes Jamieson Gallery to have an opportunity to show their work on a non-juried annual basis. The Members' Show has been a tradition of the gallery since 1982. Selections from the gallery's permanent collection are also exhibited at this time. Be sure not to miss this year's show on December 3rd to January 16th at the Agnes Jamieson Gallery in Minden.

"Where the Pen Meets the Brush" Premieres at R.D Lawrence Place

Marion Hill, a well known artist and former Minden resident, has collaborated with writer Rev. Janet Stobie on a beautiful children's book called Spectacular Stella. The dynamic duo will talk about what it is like as an artist and a writer to successfully work together and to tell a Christmas story. Come to R.D Lawrence on December 5th from 2-4pm to see the book yourself. Admission is \$2 or a donation. Janet's books will be for sale and everyone is welcome.

Folk Music is Back in Town

Laura Bird and her guitar will be swinging into town on Saturday when she plays at the Haliburton Highlands Museum. Singing a medley of songs for the evening; her warm, relaxed stage presence and her sultry, smoky voice will pull you in and you won't want to leave. Opening for Laura will be Trina West, a talented singer/songwriter who is a Haliburton local and is currently working on her much anticipated debut recording.

Tickets are a mere \$20 per person, \$15 for members and are available from The York Street Internet Café 705-457-8902 in Haliburton, the Haliburton Highlands Copy Center 705-286-2110 in Minden and the Haliburton County Folk Society 705-754-FOLK (3655).

Sturgeon Lake - \$349,900

4 Bedroom year round home on 130 feet of prime frontage on Sturgeon Lake on the Trent System. Hardwood flooring, two sunrooms, large decking front and back, open concept eating and living area, full basement with walkout, large back yard - tons of room for playing, perennial gardens, fantastic view, lots of parking, end of road for great privacy. In a prime location, just off Hwy 36 between Lindsay and Bobcaygeon. Ready to move in. ATV and Snowmobile trails at your doorstep. Great fishing right from shoreline. Excellent swimming area - easy water access to Lindsay, Fenelon Falls and Bobcaygeon.

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Huge Shoreline

Strange But True

It was American actress and dancer Charlotte Greenwood who made the following sage observation: "Temperament is temper that is too old to spank."

If you happen to own a Rolls Royce and want to swank it up a little bit, a mink jacket to fit the hood ornament is available for purchase.

San Francisco's iconic cable cars are the only mobile national monument in the United States.

You might be surprised to learn that, according to the Guinness Book of Records, the largest swimming pool in the world isn't found in one of the large industrialized nations as you might expect, but in the relatively small South American country of Chile. Built by a mega-resort on the ocean, the pool covers 20 acres, is more than 1,000 yards long and holds a whopping 66 million gallons of water. Construction took five years and cost more than \$1.5 billion, and the estimated annual maintenance cost is more than \$3 million.

Those who study such things say that lightning travels at one-third the speed of light.

American comedian and actor Jack Benny originally entered the family business of haberdashery. However, he was so bad at it that his own father fired him.

According to legend, it was shepherds in Ethiopia who first noticed the effects of caffeine. It seems that the goats they herded would become exceedingly frisky after eating the berries of the coffee plant.

In order to come up with the cash to start Apple Computers, Stephen Wozniak sold his programmable calculator and Steve Jobs sold his Volkswagen microbus.

An experienced florist will never put daffodils in a bouquet; the flower is toxic to other blooms.

Thought for the Day: "Surrender is essentially an operation by means of which we set about explaining instead of acting." -- Charles Peguy



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Furthermore, recent studies confirm that the use of a Salt Crystal Lamp can stimulate the immune system. Whether used for health benefits or as a night-light, the warm glow of a Salt Crystal Lamp can ensure a feeling of wellness and comfort.

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Northern Expressions

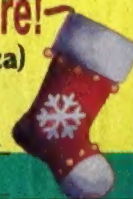
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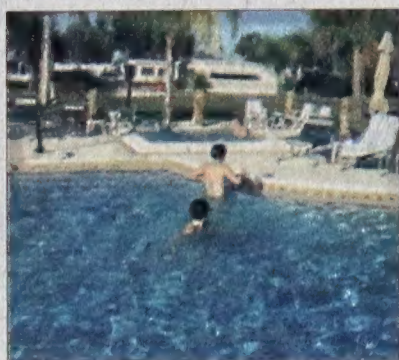
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140 ft of sand beach with rock
out crops. Total privacy, level
lot, and southwest exposure
with a large dock. This open
concept, cathedral ceiling 3
bedroom cottage with full w/o
lower level is a must see.
Also comes furnished. What a
deal!

\$469,000.00



Kennisis Lake

Build your dream cottage/ home
here on quiet Paddy's Bay of
Kennisis Lake. Driveway in. 700
ft frtg. and over 5 acres. Great for
canoeing or go into the big part of
the lake for even more boating or
go over the rollers at the dam for a
river trip to Red Pine Lake

**\$299,000.00
+ GST**



Kennisis Lake

This is what a cottage is all
about. Check out this well
cared for 3 bedroom with open
living/dining room across the
front with a spectacular view of
Kennisis Lake. This
property is private, level and
has a frontage of 200 feet
facing north for sun all day.

\$399,900.00

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**on fees associated with your
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Little Kennisis Lake

163 ft waterfront a lot on Little
Kennisis with NW exposure.
Great sunsets through the tall
mature trees. Gradually sloped
lot with absolute privacy. Be
comfortable in the 3 season 3
bdrm cottage while deciding
where to build etc. Shoreline is
granite really beautiful.

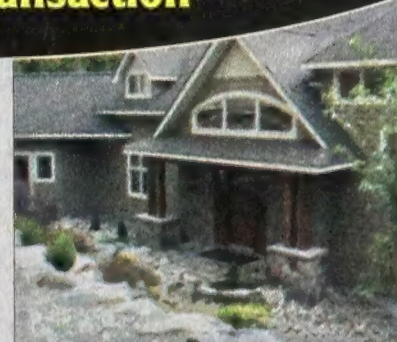
\$379,000.00



Little Redstone Lake

Check out this affordable 3
bedroom cottage having
south-west exposure with 132
ft frtg on a 1 acre lot on. Fully
winterized, drilled well,
septic, year round road. sandy
bottom for the little ones with
deep water off dock for the
adventurous ones.

\$375,000.00



Kennisis Lake

West Shore 4080 sq ft custom built by
Gary Burtch conventional and timber
frame construction. Architecturally
designed cottage with meticulous
detail and another 3000 sq.ft. of lower
w/o space partially finished. 3 car
garage. Floors are granite, reclaimed
hemlock & berber carpet. solid
douglas fir beams, doors and wall
panels. Curly cherry custom cabinets.
All this on 3.17ac with 200 ft frontage,
deep water, granite shore line and
spectacular view.

\$3,950,000.00



Little Kennisis Lake

Double lot 262'frtg with sand
and deep water. This 2500 sq.
ft custom cottage/home has 3
bdr, 2 fireplaces, skylights,
sunroom, walkout bsmt,
custom kitchen for Mom and
lg garage with loft for Dad and
all the toys and overflow
guests. Too many extras to
mention a must see.

\$598,000.00

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